



The Party Season “Holiday Glow” Facial Celluma + Obagi Radiance Peel

In the heart of London’s medical district, award-winning Waterhouse Young Clinic has gained a reputation as one of London’s leading skin clinics. Established in 2012 and one of the first medical aesthetic clinics, they specialise in personalised treatment plans to rejuvenate and restore youthful radiance through clinically proven treatments whilst maintaining natural beauty.

As the name suggests, Waterhouse Young’s iconic 3-in-1 Party Season Holiday Glow Facial is the perfect treatment to get you glowing before any big event. Their exclusive Celluma LED Light Therapy, lymphatic drainage Pressotherapy plus celebrity loved Obagi Radiance Peel is a pain-free treatment offering instant, visible results in just 45 minutes with minimal downtime (30 minutes redress post-treatment and dry/flaking skin on day two).

When it comes to refreshing and hydrating skin, HydraFacial is one Waterhouse Young’s most effective treatments and it has been rated the best in London. It’s the perfect way to boost hydration with instant results.

The HydraFacial is a non-invasive skin resurfacing and rejuvenating treatment that combines powerful cleansing and exfoliation, as well as unparalleled hydration with additional antioxidant protection.

To maximise the effects of the HydraFacial, the treatment is taken to the next level by ending with the award-winning FDA approved high-tech Celluma Pro LED device. LED light therapy works by sending light waves deep into the skin to activate natural intracellular reactions. For best results, an anti-ageing Led light therapy mask is left on for thirty minutes while you relax and enjoy a Pressotherapy treatment. Using three scientifically proven wavelengths of light energy (including blue, red and near infrared) simultaneously, it’s possible to obtain a whole host of benefits including the smoothing of fine lines and wrinkles, improvement in scarring and hyperpigmentation, promoting circulation, preventing breakouts, and general skin brightening.

In the form of a mechanical massage body suit, Pressotherapy is a cutting-edge, pain free treatment designed to enhance the flow of

your lymphatic system, improve circulation and enhance deep detoxification. This revolutionary process gives your body’s natural functions a boost, kick-starting your circulation to deloat, remove toxins and re-energise the body naturally.

The final step in this 3-in-1 treatment is the celebrity loved Obagi Radiance Peel which is safe and effective and leaves you with an instant, visible glow. A skin peel tackles issues at the cellular level rather than just exfoliating the skin’s top layer. A unique combination of lactic, salicylic and glycolic acids is used to refine pores, reduce acne, pigmentation, fine lines and wrinkles. By effectively exfoliating the uppermost damaged skin layers, the skin is left looking and feeling fresh, renewed and radiant. The result is smoother, tighter and brighter skin.

The treatment is priced at £325 for 1 x Holiday Glow Facial; or £1,625 for a course of 6 (6 for the price of 5).

020 7486 3849 | waterhouseyoung.com



The UK’s leading nail care brand, Townhouse, has opened its first local concept salon in Notting Hill.

A cult-favourite amongst Londoners and celebrities alike, Townhouse has brought its award-winning treatments, industry-leading technology and Instagrammable interiors to one of the capital’s destination neighbourhoods just in time for the festive season.

Designed for the local community, this is the brand’s first Petit Townhouse. Away from the hustle and bustle of the city, visitors can expect the same signature manicures and pedicures, industry-leading technology, and exceptional service they know and love, in a smaller, local package.

Located just a few minutes’ walk from both Notting Hill Gate and Holland Park tube stations, the treatment menu ranges from quick express treatments starting at £26 for customers on-the-go to luxury treats for a more indulgent experience. Post-treatment, customers can keep their nails radiant with the Townhouse Cuticle Oil, available for £7.50 including unlimited top-ups at the sustainable Cuticle Oil Refill Station.

Whether you need a quick Colour Refresh or want to sit back and relax with an extended pamper in the form of the glorious signature pedicure, Petit Townhouse Notting Hill is the new it-spot for the best nails in town.



Petit Townhouse, 4 Ludbroke Grove, London W11 3BG | townhouse.co.uk